

Menu Planner

Notes:

Name:	Grant, Brian
Room:	319
Diet:	Adult Regular Diet

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Orange Juice Cheerios Cereal Corn Muffin Red Grapes Milk, Coffee, 1A Margarine, Creamer, Jelly	Orange Juice Banana Muffin Oatmeal Scrambled Eggs Mandarin Oranges	Orange Juice Corn Flakes Cereal Cinnamon French Maple Syrup Whole Banana	Orange Juice Krispy Rice Cereal Blueberry Muffin Hard Cooked Egg Pineapple Rings	Orange Juice Bran Muffin Cream of Wheat Scrambled Eggs Fresh Melon	Orange Juice Total Cereal Coffee Cake Pear Halves Cottage Cheese	Orange Juice Wheaties Cereal Buttermilk Pancakes, Syrup Orange Slices Sausage
	Chicken Florentine Soup Tuna on a roll with Lettuce/Tomato Carrots & Celery Sticks Deluxe Mixed Fruit Brownie Apple Juice Tea, Creamer, Margarine, 1A	Tossed Salad Chicken Breast with Mushroom Sauce Green Beans Almondine Broad Noodles Angle Food Cake Peaches Dinner Roll Lemonade	Picnic Potato Salad Hamburger Deluxe Carrot Coins Fresh Fruit Cranberry Juice Chocolate Cake	Tossed Salad Hot Turkey Sandwich Mashed Potatoes with Gravy & Broccoli Cuts Fruit Punch Tapioca Pudding Peach Halves	Caesar Salad Spiral Pasta with Meatballs & Marinara Sauce Chopped Spinach Garlic Toast Grape Juice Apple Pie Fresh Fruit	Cantaloupe Baked Tomato Half Macaroni & Cheese Winter Mix Vegetables Dinner Roll Apple Juice Chocolate Pudding	Roast Pork Dijon with Stuffing Baby Carrots Dinner Roll Cranberry Juice Fresh Baked Cookies Fresh Fruit
	Cottage Cheese with Pineapple Beef Tips with Mushrooms over Rice Asparagus Cuts Raspberry Sherbet Milk, Tea, Creamer, Margarine, 1A	Minestrone Soup Turkey Sub with Lettuce & Tomato California Mixed Vegetables Pretzels Applesauce Oatmeal Cookies	Cream of Tomato Soup Chicken Salad Cold Platter (Seasonal Fruit, Fresh Roll) Marinated Vegetables Apple Crisp	Cream of Mushroom Soup Meatloaf Escalloped Potatoes French Cut Green Beans Chocolate Chip Cookies Green Grapes	Fresh Fruit Cup Chicken Cutlet Stir Fry Vegetables Steamed Rice Banana Pudding	Navy Bean Soup Grilled Chicken Sandwich with Lettuce & Tomato Baked Potato Wedges Mixed Vegetables Peaches Lemon Tart	Chicken Noodle Soup Roasted Cornish Hen Homemade Roll Wild Rice Blend Peas & Carrots Applesauce Asst. Fruit Pie
	ALT: Beef Stew ALT: Julienne Salad	ALT: Sloppy Joe ALT: Tuna Casserole	ALT: Marinated Baked Chicken ALT: Hot Roast Beef	ALT: Taco Salad Plate ALT: Cottage Cheese & Fresh Fruit Platter	ALT: Crispy Fish Sandwich ALT: Cheese Pizza	ALT: Egg Salad Sandwich on Wheat ALT: Tuna Melt	ALT: Turkey Melt ALT: Stuffed Shells with Ricotta Cheese

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Adult Regular Diet

Menu Planner

Notes:

Name: **Sedlacek, John**
 Room: **420**
 Diet: **Liquid Diet**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Apple Juice Protein Drink Or Fruit Smoothie	Breakfast Prune Juice Fruit Smoothie	Breakfast Pear Juice Protein Drink	Apple Juice Fruit Smoothie	Apple Juice Protein Drink	Prune Juice Fruit Smoothie	Apple Juice Protein Drink Or Fruit Smoothie
Beef or Chicken Consomme Vanilla Protein Shake Boost	Chicken Consomme Chocolate Protein Shake	Beef or Chicken Consomme Vanilla Protein Shake	Beef Consomme Vanilla Protein Shake Boost	Chicken Consomme Vanilla Protein Shake	Chicken Consomme Chocolate Protein Shake Boost	Beef or Chicken Consomme Vanilla Protein Shake Boost
Vegetable puree Tomato Juice Protein Drink	Boost Protein Drink Beef Bullion	Vegetable puree Protein Drink	Vegetable puree Tomato Juice Protein Drink	Beef Bullion Protein Drink	Vegetable puree Protein Drink	Vegetable puree Protein Drink

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Menu Planner

Notes:

Name:	Mallaber, Roberta
Room:	316
Diet:	Adult Regular Diet

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Orange Juice Cheerios Cereal Corn Muffin Red Grapes Milk, Coffee, 1A Margarine, Creamer, Jelly	Orange Juice Banana Muffin Oatmeal Scrambled Eggs Mandarin Oranges	Orange Juice Corn Flakes Cereal Cinnamon French Maple Syrup Whole Banana	Orange Juice Krispy Rice Cereal Blueberry Muffin Hard Cooked Egg Pineapple Rings	Orange Juice Bran Muffin Cream of Wheat Scrambled Eggs Fresh Melon	Orange Juice Total Cereal Coffee Cake Pear Halves Cottage Cheese	Orange Juice Wheaties Cereal Buttermilk Pancakes, Syrup Orange Slices Sausage
	Chicken Florentine Soup Tuna on a roll with Lettuce/Tomato Carrots & Celery Sticks Deluxe Mixed Fruit Brownie Apple Juice Tea, Creamer, Margarine, 1A	Tossed Salad Chicken Breast with Mushroom Sauce Green Beans Almondine Broad Noodles Angle Food Cake Peaches Dinner Roll Lemonade	Picnic Potato Salad Hamburger Deluxe Carrot Coins Fresh Fruit Cranberry Juice Chocolate Cake	Tossed Salad Hot Turkey Sandwich Mashed Potatoes with Gravy & Broccoli Cuts Fruit Punch Tapioca Pudding Peach Halves	Caesar Salad Spiral Pasta with Meatballs & Marinara Sauce Chopped Spinach Garlic Toast Grape Juice Apple Pie Fresh Fruit	Cantaloupe Baked Tomato Half Macaroni & Cheese Winter Mix Vegetables Dinner Roll Apple Juice Chocolate Pudding	Roast Pork Dijon with Stuffing Baby Carrots Dinner Roll Cranberry Juice Fresh Baked Cookies Fresh Fruit
	Cottage Cheese with Pineapple Beef Tips with Mushrooms over Rice Asparagus Cuts Raspberry Sherbet Milk, Tea, Creamer, Margarine, 1A	Minestrone Soup Turkey Sub with Lettuce & Tomato California Mixed Vegetables Pretzels Applesauce Oatmeal Cookies	Cream of Tomato Soup Chicken Salad Cold Platter (Seasonal Fruit, Fresh Roll) Marinated Vegetables Apple Crisp	Cream of Mushroom Soup Meatloaf Escalloped Potatoes French Cut Green Beans Chocolate Chip Cookies Green Grapes	Fresh Fruit Cup Chicken Cutlet Stir Fry Vegetables Steamed Rice Banana Pudding	Navy Bean Soup Grilled Chicken Sandwich with Lettuce & Tomato Baked Potato Wedges Mixed Vegetables Peaches Lemon Tart	Chicken Noodle Soup Roasted Cornish Hen Homemade Roll Wild Rice Blend Peas & Carrots Applesauce Asst. Fruit Pie
	ALT: Beef Stew ALT: Julienne Salad	ALT: Sloppy Joe ALT: Tuna Casserole	ALT: Marinated Baked Chicken ALT: Hot Roast Beef	ALT: Taco Salad Plate ALT: Cottage Cheese & Fresh Fruit Platter	ALT: Crispy Fish Sandwich ALT: Cheese Pizza	ALT: Egg Salad Sandwich on Wheat ALT: Tuna Melt	ALT: Turkey Melt ALT: Stuffed Shells with Ricotta Cheese

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Adult Regular Diet

Menu Planner

Notes:

Name:	Harris, Anthony
Room:	411
Diet:	Low Sodium Diet (2,3,4 Gram)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Orange Juice Specialty Corn Bread Grapes 1% Milk Coffee Creamer Margarine	Orange Juice Banana Muffin Oatmeal Mandarin Oranges Scrambled Eggs	Orange Juice Corn Flakes Cereal Cinnamon French Toast/Syrup Banana	Orange Juice Rice Krispies Cereal Blueberry Muffin Pineapple Rings Hard Cooked Egg	Orange Juice Hearty Bran Muffin Scrambled Eggs Cream of Wheat Melon	Orange Juice Puffed Rice Coffee Cake Fruit Cocktail Cottage Cheese	Orange Juice Wheaties Cereal French Toast with Strawberry Compote Orange Quarters
	LS Beef Consomme Tuna on a Hard Roll with Lettuce/Tomato Carrots & Celery Sticks Deluxe Mixed Fruit Brownie Apple Juice Tea, 6A Margarine	Tossed Salad with Dt. Dressing Lemon Baked Chicken Green Beans/Almondine Angle Cake/Peaches Lemonade Dinner Roll	Picnic Potato Salad Hamburger Deluxe Carrot Coins Chocolate Cake Cranberry Juice Fresh Fruit	Tossed Salad/No Dressing Hot Turkey Sandwich w/ Modified Gravy Mashed Potatoes Broccoli Cuts Fruit Punch Tapioca Pudding Peach Halves	Caesar Salad/No Dressing Chicken w/Ziti w/ Modified Marinara Sauce Spinach Garlic Toast Apple Pie Fresh Fruit Grape Juice	Cantaloupe Modified Macaroni & Cheese Baked Tomato Half Winter Mix Vegetables Dinner Roll Chocolate Pudding Apple Juice	Roast Pork Dijon Baby Carrots Dinner Roll Fresh Baked Cookies Fresh Fruit Cranberry Juice
	Cottage Cheese with Pineapple Beef Tips/Mushrooms over Rice Asparagus Cuts Dinner Roll Raspberry Sherbet Milk, Tea, Margarine, 6A	LS Chicken Broth Turkey/Pita Lettuce & Tomato California Mixed Vegetables LS Crackers Applesauce Oatmeal Cookies	LS Tomato Soup Chicken Salad Plate (Fresh Fruit, Roll) Marinated Vegetables Apple Crisp	LS Vegetable Soup Meatloaf Escalloped Potatoes French Green Beans Chocolate Chip Cookies Green Grapes	LS Beef Broth Beef/Vegetables Stir Fry Steamed Rice Fresh Fruit Cup Banana Pudding	LS Vegetable Soup Grilled Chicken Sandwich with Lettuce & Tomato Baked Potato Wedges Mixed Vegetables Peaches Lemon Tart	LS Chicken Broth Cornish Hen Homemade Roll Steamed Rice Peas & Carrots Applesauce Fruit Pie
	ALT: Modified Beef Stew ALT: Julienne Plate	ALT: Sloppy Joe ALT: Modified Tuna Casserole	ALT: Marinated Chicken ALT: Roast Beef French Dip	ALT: ALT List ALT: Cottage Cheese & Fruit Plate	ALT: Fish Sandwich ALT: Cheese Pizza	ALT: Egg Salad ALT: Tuna Melt	ALT: Turkey Melt ALT: Stuffed Shells w/Modified Sauce

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Low Sodium Diet (2,3,4 Gram)

Menu Planner

Notes:

Name: **Kelly, Kathy**
 Room: **412**
 Diet: **Liquid Diet**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Apple Juice Protein Drink Or Fruit Smoothie	Breakfast Prune Juice Fruit Smoothie	Breakfast Pear Juice Protein Drink	Apple Juice Fruit Smoothie	Apple Juice Protein Drink	Prune Juice Fruit Smoothie	Apple Juice Protein Drink Or Fruit Smoothie
Beef or Chicken Consomme Vanilla Protein Shake Boost	Chicken Consomme Chocolate Protein Shake	Beef or Chicken Consomme Vanilla Protein Shake	Beef Consomme Vanilla Protein Shake Boost	Chicken Consomme Vanilla Protein Shake	Chicken Consomme Chocolate Protein Shake Boost	Beef or Chicken Consomme Vanilla Protein Shake Boost
Vegetable puree Tomato Juice Protein Drink	Boost Protein Drink Beef Bullion	Vegetable puree Protein Drink	Vegetable puree Tomato Juice Protein Drink	Beef Bullion Protein Drink	Vegetable puree Protein Drink	Vegetable puree Protein Drink

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Liquid Diet

Menu Planner

Notes:

Name:	Indovina, Andrea
Room:	320
Diet:	Adult Regular Diet

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Orange Juice Cheerios Cereal Corn Muffin Red Grapes Milk, Coffee, 1A Margarine, Creamer, Jelly	Orange Juice Banana Muffin Oatmeal Scrambled Eggs Mandarin Oranges	Orange Juice Corn Flakes Cereal Cinnamon French Maple Syrup Whole Banana	Orange Juice Krispy Rice Cereal Blueberry Muffin Hard Cooked Egg Pineapple Rings	Orange Juice Bran Muffin Cream of Wheat Scrambled Eggs Fresh Melon	Orange Juice Total Cereal Coffee Cake Pear Halves Cottage Cheese	Orange Juice Wheaties Cereal Buttermilk Pancakes, Syrup Orange Slices Sausage
	Chicken Florentine Soup Tuna on a roll with Lettuce/Tomato Carrots & Celery Sticks Deluxe Mixed Fruit Brownie Apple Juice Tea, Creamer, Margarine, 1A	Tossed Salad Chicken Breast with Mushroom Sauce Green Beans Almondine Broad Noodles Angle Food Cake Peaches Dinner Roll Lemonade	Picnic Potato Salad Hamburger Deluxe Carrot Coins Fresh Fruit Cranberry Juice Chocolate Cake	Tossed Salad Hot Turkey Sandwich Mashed Potatoes with Gravy & Broccoli Cuts Fruit Punch Tapioca Pudding Peach Halves	Caesar Salad Spiral Pasta with Meatballs & Marinara Sauce Chopped Spinach Garlic Toast Grape Juice Apple Pie Fresh Fruit	Cantaloupe Baked Tomato Half Macaroni & Cheese Winter Mix Vegetables Dinner Roll Apple Juice Chocolate Pudding	Roast Pork Dijon with Stuffing Baby Carrots Dinner Roll Cranberry Juice Fresh Baked Cookies Fresh Fruit
	Cottage Cheese with Pineapple Beef Tips with Mushrooms over Rice Asparagus Cuts Raspberry Sherbet Milk, Tea, Creamer, Margarine, 1A	Minestrone Soup Turkey Sub with Lettuce & Tomato California Mixed Vegetables Pretzels Applesauce Oatmeal Cookies	Cream of Tomato Soup Chicken Salad Cold Platter (Seasonal Fruit, Fresh Roll) Marinated Vegetables Apple Crisp	Cream of Mushroom Soup Meatloaf Escalloped Potatoes French Cut Green Beans Chocolate Chip Cookies Green Grapes	Fresh Fruit Cup Chicken Cutlet Stir Fry Vegetables Steamed Rice Banana Pudding	Navy Bean Soup Grilled Chicken Sandwich with Lettuce & Tomato Baked Potato Wedges Mixed Vegetables Peaches Lemon Tart	Chicken Noodle Soup Roasted Cornish Hen Homemade Roll Wild Rice Blend Peas & Carrots Applesauce Asst. Fruit Pie
	ALT: Beef Stew ALT: Julienne Salad	ALT: Sloppy Joe ALT: Tuna Casserole	ALT: Marinated Baked Chicken ALT: Hot Roast Beef	ALT: Taco Salad Plate ALT: Cottage Cheese & Fresh Fruit Platter	ALT: Crispy Fish Sandwich ALT: Cheese Pizza	ALT: Egg Salad Sandwich on Wheat ALT: Tuna Melt	ALT: Turkey Melt ALT: Stuffed Shells with Ricotta Cheese

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Adult Regular Diet

Menu Planner

Notes:

Name:	Kondo, Martin
Room:	414
Diet:	Low Sodium Diet (2,3,4 Gram)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Orange Juice Specialty Corn Bread Grapes 1% Milk Coffee Creamer Margarine	Orange Juice Banana Muffin Oatmeal Mandarin Oranges Scrambled Eggs	Orange Juice Corn Flakes Cereal Cinnamon French Toast/Syrup Banana	Orange Juice Rice Krispies Cereal Blueberry Muffin Pineapple Rings Hard Cooked Egg	Orange Juice Hearty Bran Muffin Scrambled Eggs Cream of Wheat Melon	Orange Juice Puffed Rice Coffee Cake Fruit Cocktail Cottage Cheese	Orange Juice Wheaties Cereal French Toast with Strawberry Compote Orange Quarters
	LS Beef Consomme Tuna on a Hard Roll with Lettuce/Tomato Carrots & Celery Sticks Deluxe Mixed Fruit Brownie Apple Juice Tea, 6A Margarine	Tossed Salad with Dt. Dressing Lemon Baked Chicken Green Beans/Almondine Angle Cake/Peaches Lemonade Dinner Roll	Picnic Potato Salad Hamburger Deluxe Carrot Coins Chocolate Cake Cranberry Juice Fresh Fruit	Tossed Salad/No Dressing Hot Turkey Sandwich w/ Modified Gravy Mashed Potatoes Broccoli Cuts Fruit Punch Tapioca Pudding Peach Halves	Caesar Salad/No Dressing Chicken w/Ziti w/ Modified Marinara Sauce Spinach Garlic Toast Apple Pie Fresh Fruit Grape Juice	Cantaloupe Modified Macaroni & Cheese Baked Tomato Half Winter Mix Vegetables Dinner Roll Chocolate Pudding Apple Juice	Roast Pork Dijon Baby Carrots Dinner Roll Fresh Baked Cookies Fresh Fruit Cranberry Juice
	Cottage Cheese with Pineapple Beef Tips/Mushrooms over Rice Asparagus Cuts Dinner Roll Raspberry Sherbet Milk, Tea, Margarine, 6A	LS Chicken Broth Turkey/Pita Lettuce & Tomato California Mixed Vegetables LS Crackers Applesauce Oatmeal Cookies	LS Tomato Soup Chicken Salad Plate (Fresh Fruit, Roll) Marinated Vegetables Apple Crisp	LS Vegetable Soup Meatloaf Escalloped Potatoes French Green Beans Chocolate Chip Cookies Green Grapes	LS Beef Broth Beef/Vegetables Stir Fry Steamed Rice Fresh Fruit Cup Banana Pudding	LS Vegetable Soup Grilled Chicken Sandwich with Lettuce & Tomato Baked Potato Wedges Mixed Vegetables Peaches Lemon Tart	LS Chicken Broth Cornish Hen Homemade Roll Steamed Rice Peas & Carrots Applesauce Fruit Pie
	ALT: Modified Beef Stew ALT: Julienne Plate	ALT: Sloppy Joe ALT: Modified Tuna Casserole	ALT: Marinated Chicken ALT: Roast Beef French Dip	ALT: ALT List ALT: Cottage Cheese & Fruit Plate	ALT: Fish Sandwich ALT: Cheese Pizza	ALT: Egg Salad ALT: Tuna Melt	ALT: Turkey Melt ALT: Stuffed Shells w/Modified Sauce

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Low Sodium Diet (2,3,4 Gram)

Menu Planner

Notes:

Name: **Lee, Carly**

Room: **415**

Diet: **Liquid Diet**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Apple Juice Protein Drink Or Fruit Smoothie	Breakfast Prune Juice Fruit Smoothie	Breakfast Pear Juice Protein Drink	Apple Juice Fruit Smoothie	Apple Juice Protein Drink	Prune Juice Fruit Smoothie	Apple Juice Protein Drink Or Fruit Smoothie
Beef or Chicken Consomme Vanilla Protein Shake Boost	Chicken Consomme Chocolate Protein Shake	Beef or Chicken Consomme Vanilla Protein Shake	Beef Consomme Vanilla Protein Shake Boost	Chicken Consomme Vanilla Protein Shake	Chicken Consomme Chocolate Protein Shake Boost	Beef or Chicken Consomme Vanilla Protein Shake Boost
Vegetable puree Tomato Juice Protein Drink	Boost Protein Drink Beef Bullion	Vegetable puree Protein Drink	Vegetable puree Tomato Juice Protein Drink	Beef Bullion Protein Drink	Vegetable puree Protein Drink	Vegetable puree Protein Drink

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Liquid Diet

Menu Planner

Notes:

Name:	North, Duncan
Room:	417
Diet:	Low Sodium Diet (2,3,4 Gram)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Orange Juice Specialty Corn Bread Grapes 1% Milk Coffee Creamer Margarine	Orange Juice Banana Muffin Oatmeal Mandarin Oranges Scrambled Eggs	Orange Juice Corn Flakes Cereal Cinnamon French Toast/Syrup Banana	Orange Juice Rice Krispies Cereal Blueberry Muffin Pineapple Rings Hard Cooked Egg	Orange Juice Hearty Bran Muffin Scrambled Eggs Cream of Wheat Melon	Orange Juice Puffed Rice Coffee Cake Fruit Cocktail Cottage Cheese	Orange Juice Wheaties Cereal French Toast with Strawberry Compote Orange Quarters
	LS Beef Consomme Tuna on a Hard Roll with Lettuce/Tomato Carrots & Celery Sticks Deluxe Mixed Fruit Brownie Apple Juice Tea, 6A Margarine	Tossed Salad with Dt. Dressing Lemon Baked Chicken Green Beans/Almondine Angle Cake/Peaches Lemonade Dinner Roll	Picnic Potato Salad Hamburger Deluxe Carrot Coins Chocolate Cake Cranberry Juice Fresh Fruit	Tossed Salad/No Dressing Hot Turkey Sandwich w/ Modified Gravy Mashed Potatoes Broccoli Cuts Fruit Punch Tapioca Pudding Peach Halves	Caesar Salad/No Dressing Chicken w/Ziti w/ Modified Marinara Sauce Spinach Garlic Toast Apple Pie Fresh Fruit Grape Juice	Cantaloupe Modified Macaroni & Cheese Baked Tomato Half Winter Mix Vegetables Dinner Roll Chocolate Pudding Apple Juice	Roast Pork Dijon Baby Carrots Dinner Roll Fresh Baked Cookies Fresh Fruit Cranberry Juice
	Cottage Cheese with Pineapple Beef Tips/Mushrooms over Rice Asparagus Cuts Dinner Roll Raspberry Sherbet Milk, Tea, Margarine, 6A	LS Chicken Broth Turkey/Pita Lettuce & Tomato California Mixed Vegetables LS Crackers Applesauce Oatmeal Cookies	LS Tomato Soup Chicken Salad Plate (Fresh Fruit, Roll) Marinated Vegetables Apple Crisp	LS Vegetable Soup Meatloaf Escalloped Potatoes French Green Beans Chocolate Chip Cookies Green Grapes	LS Beef Broth Beef/Vegetables Stir Fry Steamed Rice Fresh Fruit Cup Banana Pudding	LS Vegetable Soup Grilled Chicken Sandwich with Lettuce & Tomato Baked Potato Wedges Mixed Vegetables Peaches Lemon Tart	LS Chicken Broth Cornish Hen Homemade Roll Steamed Rice Peas & Carrots Applesauce Fruit Pie
	ALT: Modified Beef Stew ALT: Julienne Plate	ALT: Sloppy Joe ALT: Modified Tuna Casserole	ALT: Marinated Chicken ALT: Roast Beef French Dip	ALT: ALT List ALT: Cottage Cheese & Fruit Plate	ALT: Fish Sandwich ALT: Cheese Pizza	ALT: Egg Salad ALT: Tuna Melt	ALT: Turkey Melt ALT: Stuffed Shells w/Modified Sauce

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Low Sodium Diet (2,3,4 Gram)

Menu Planner

Notes:

Name:	Rasch, Alan
Room:	317
Diet:	Adult Regular Diet

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Orange Juice Cheerios Cereal Corn Muffin Red Grapes Milk, Coffee, 1A Margarine, Creamer, Jelly	Orange Juice Banana Muffin Oatmeal Scrambled Eggs Mandarin Oranges	Orange Juice Corn Flakes Cereal Cinnamon French Maple Syrup Whole Banana	Orange Juice Krispy Rice Cereal Blueberry Muffin Hard Cooked Egg Pineapple Rings	Orange Juice Bran Muffin Cream of Wheat Scrambled Eggs Fresh Melon	Orange Juice Total Cereal Coffee Cake Pear Halves Cottage Cheese	Orange Juice Wheaties Cereal Buttermilk Pancakes, Syrup Orange Slices Sausage
Chicken Florentine Soup Tuna on a roll with Lettuce/Tomato Carrots & Celery Sticks Deluxe Mixed Fruit Brownie Apple Juice Tea, Creamer, Margarine, 1A	Tossed Salad Chicken Breast with Mushroom Sauce Green Beans Almondine Broad Noodles Angle Food Cake Peaches Dinner Roll Lemonade	Picnic Potato Salad Hamburger Deluxe Carrot Coins Fresh Fruit Cranberry Juice Chocolate Cake	Tossed Salad Hot Turkey Sandwich Mashed Potatoes with Gravy & Broccoli Cuts Fruit Punch Tapioca Pudding Peach Halves	Caesar Salad Spiral Pasta with Meatballs & Marinara Sauce Chopped Spinach Garlic Toast Grape Juice Apple Pie Fresh Fruit	Cantaloupe Baked Tomato Half Macaroni & Cheese Winter Mix Vegetables Dinner Roll Apple Juice Chocolate Pudding	Roast Pork Dijon with Stuffing Baby Carrots Dinner Roll Cranberry Juice Fresh Baked Cookies Fresh Fruit
Cottage Cheese with Pineapple Beef Tips with Mushrooms over Rice Asparagus Cuts Raspberry Sherbet Milk, Tea, Creamer, Margarine, 1A	Minestrone Soup Turkey Sub with Lettuce & Tomato California Mixed Vegetables Pretzels Applesauce Oatmeal Cookies	Cream of Tomato Soup Chicken Salad Cold Platter (Seasonal Fruit, Fresh Roll) Marinated Vegetables Apple Crisp	Cream of Mushroom Soup Meatloaf Escalloped Potatoes French Cut Green Beans Chocolate Chip Cookies Green Grapes	Fresh Fruit Cup Chicken Cutlet Stir Fry Vegetables Steamed Rice Banana Pudding	Navy Bean Soup Grilled Chicken Sandwich with Lettuce & Tomato Baked Potato Wedges Mixed Vegetables Peaches Lemon Tart	Chicken Noodle Soup Roasted Cornish Hen Homemade Roll Wild Rice Blend Peas & Carrots Applesauce Asst. Fruit Pie
ALT: Beef Stew ALT: Julienne Salad	ALT: Sloppy Joe ALT: Tuna Casserole	ALT: Marinated Baked Chicken ALT: Hot Roast Beef	ALT: Taco Salad Plate ALT: Cottage Cheese & Fresh Fruit Platter	ALT: Crispy Fish Sandwich ALT: Cheese Pizza	ALT: Egg Salad Sandwich on Wheat ALT: Tuna Melt	ALT: Turkey Melt ALT: Stuffed Shells with Ricotta Cheese

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Adult Regular Diet